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| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **KS3** | **Being in my world**  1) Self-identity, influences  2) Family and identity  3) Stereotypes, personal beliefs and judgements 3) Managing expectations  4) First impressions  5) Respect for beliefs  6)Marriage, FGM, protected characteristics Active listening | **Celebrating differences**  1) Positive change made by others how positive behaviour affects feelings of wellbeing.  2) Social injustice, inequality,  3) Community cohesion and support, multi-culturalism,  4) Diversity, race and religion. Stereotypes, prejudice, LGBT+ 5) bullying, child on child abuse, hate crimes. Fear & emotions.  6) Stand up to bullying, the golden rule.  Organ and blood donation | **Dreams and goals**  1) Long-term goals and skills,  2) Qualifications, careers, 3) Money, budgeting variation in income, positive and negative impact of money and happiness.  4) Ethics and mental wellbeing,  5) Online safety and legal responsibilities, gambling issues | **Healthy me**  1) Long-term physical health, responsibility for own health.  2) Dental health, stress triggers and help tips, substances and mood.  3) Legislation associated with substances, exploitation and substances,  4) County lines.  5 ) Medicine and vaccinations. | **Relationships**  1) Positive relationship with self, social media and relationship with self, negative self-talk. 2) Managing a range of relationships,  3) Child on child abuse, personal space.  4) Online etiquette, online privacy, bullying and personal safety.  5) Social media issues and the law, coercion  6) Unhealthy balance of power in relationships, sources of support | **Changing relationships**  1) Types of close intimate  relationships, physical  attraction, love.  2) Legal status of  Relationships.  3) Behaviours  in healthy and unhealthy  romantic relationships  4) Pornography,  5) Sexuality,  6) Alcohol and risky  Behaviour  7) Review and consolidate. |

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| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **KS4 BLUE** | **ASDAN PSHE M1**  **Emotional wellbeing**  **A1** Talking about emotions  **A2** Importance of connecting with others  **A3** Mental ill health  **A4** Early signs of mental ill health  **A6** Triggers for mental ill health  **A5** Positive emotional wellbeing &  **A6** Current affairs | **ASDAN PSHE M2**  **Keeping safe and healthy**  **A1** Coping with being new  **A3** Healthy lifestyle  **A4 (1)** Illness prevention  **A4** (2) Responding to injury  **A5** Healthy eating  **A6** Risks to personal safety including using taxis | **ASDAN PSHE M7**  **Respectful relationships**  **A1** Healthy relationships across cultures and society  **A2** Emotions in different relationships  **A3** Healthy and unhealthy relationships  **A4** Consent in various contexts  **A6** Coercion and control  Consolidation,  Forced marriage & FGM | **ASDAN PSHE M5**  **Tobacco and drugs**  **A1** Laws relating to supply and possession  **A2** Harmful effects of smoking tobacco and vaping. Benefits of quitting smoking & vaping.  **A5** Drugs and mental health  **A6** Short and long term effects of drug misuse | **ASDAN PSHE M4**  **Alcohol**  **A1** What is alcohol and the laws related to it  **A2** Effects of drinking alcohol  **A4** Alcohol and emotional health  **A5** Social pressure and peer pressure in relation to alcohol  **B3 + A3** Alcohol and weight gain and alcohol poisoning | **ASDAN PSHE M3**  **Social media**  **A1** Digital resilience  **A2** How manipulated images affect body image and self esteem  **A3** Harmful online behaviour  **A4** Online reputations  **A5** cyberstalking  **B1** Positive and negative impacts of social media |

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| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **KS4**  **GREEN** | **ASDAN PSHE M8**  **Families and parenting**  **A1** Different concepts of families & legal status  **A4** Roles and responsibilities of parenting & Family support worker  **A5** Being a parent - impact on lifestyle  **A6** Impact on pregnancy of lifestyle choices  **A7** Options for an unplanned pregnancy  A8 How families have changed through history  A8 Families seeking asylum | **ASDAN PSHE M6**  **Sexual Health**  **Intro** What do you know about sex?  **A2** Contraception  **A3** Emergency contraception  **A6** Pregnancy  **A1** STI’s  **A4** Consent – Moral and legal issues  7 Consolidation, | **Lawful and unlawful actions towards others**  Forced marriage & FGM  Radicalisation  Sexual images and pornography  Domestic abuse  Criminal exploitation and gangs  Consolidation, catch up and stretch | **Current affairs**  Local Issues – Flooding  National issues – King Charles’s health  International issues – moon race  Media Coverage of current affairs  OR  Return to previous ASDAN units as required by learners | **ASDAN**  Living independently  Driving theory and laws  Alcohol  Mental health | **ASDAN**  Consolidation and claims |

**Half Termly Career Focus**

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| **KS3** | Family Support Worker | Social Media Influencer | Solicitor | Paramedic | Personal Trainer | Journalist |
| **Year**  **10** | Mental Health Nurse | Taxi Driver | Safeguarding Officer | Substance Misuse Outreach Worker | Cognitive behavioural therapist | Photography in the media |
| **Year 11** | Family support worker  Social worker  Health visitor | Sexual Health Nurse | lawyer | Journalist | Driving instructor | Police officer |